

i need help with skateboard pop shuvits.

i can spin the board but i dont even go the direction of the board and the board just flies out from under me and goes a foot or two away. i just keep landing with one foot on the board, the board comes around but only my front foot is on it, and when i kick-flip i can only get my front foot on it. so how do i get both feet on it? sometimes i can get it with the front and sometimes its the back, i dont really understand why i cant land this trick. its like, i put the ball of my back foot in the middle of the tail. i put my toes off the board just like a cm or two in the middle of the board, then i kick the tail of the board out in front of me when i jump. but when i try to get my back foot on, i end up kicking out the board so it flies off to the left (im goofy) and i dont get any feet on the board. i can get the pop and the scoop and get it spinning under me, but i can only catch it with one foot. i just dont get the pop and i end up doing a shuvit and it bugs me, how can i pop it? i can flip the board around but most times it goes really far away. i get it to spin around but it flies out from under my feet. everytime i try, my back foot always ends up under the board, and whenever i try to lift it up, it doesnt work. also, sometimes i will get both feet on but land on the nose and faceplant. each time i try i either land and the board flies out from under me and i eat sh*t or i just come nowhere close to landing on the board. i land on the nose and fall. i always pop too hard and it goes crazy. i always land on the tail of the board and fall off please help. i can get the spin but i land on one foot. i can almost land. i land on the board, but it always flies out from under me and i fall off backwards. i just cant land it, i get my back foot on but not my front foot, it misses a little and when i get my front foot on it it goes on the nose and knocks me off. i try to jump forward but then my pop shuvits get screwed when i jump forward. do i slide my foot for a pop shuvit at all or am i simply popping the tail while scooping? i dont understand how the board gets any air that way. i cant seem to get it higher than just to scrape the ground. i know exactly how to get the spin but when i land i always land chicken foot aka one footed. and i am scared to put my back foot down on the board when i land it cos i could fall and get stiches or really hurt (and dont just say wear a helmet). i think im doing the spin right, its just that i can nvr get two feet to land on the board. i know ur supposd to pop the board then push your back foot backwards and ur front foot forward but whenever i try to pop shuvit i can never get my front foot out of the way when the board spins which keeps the board from spinning. i cant jump high after i spin the board, everytime i do it my foot automatically lands on the ground. whenever i flip the board it either gets pushed to the side so i cant land on top of it, or when i do flip it my front foot is always in front to the side of the board. i just cant land with two feet on the deck. its like my left foot is trying to do a kickflip, im so used to kickflips. i land it with my front foot on but my back foot is way behind. i mean, usually i only land with my front foot, but i do land sometimes with both feet but then end up falling or its real sketchy. is it still a popshuvit if your board goes to the right? whenever i try to pop shuv it i end up doing this. i land it perfectly on the bolts and roll away. i get the board to spin but the board pops in front of me. i

get the board to spin but the board ends up behind me. i land on the tail so it looks like im about to ollie then the board shoots out. i land on the nose so it looks like im about to nollie then the board shoots out. whats wrong with my pop shuvit. it doesnt even get off the ground and it only does half a spin. it gets off the ground but only does half a spin. it does a spin but i land premo or on the side of the deck. when i try to catch the board it flips. the back of my board always ends up facing the front when im done. it only does it sometimes tho. either i land with one foot on the board or the board shoots out in front of my feet. should the board even stay under me? i think i have the right footing. usually my front foot lands in the right position and im facing the same way i was to start, but my back foot always ends up on the ground. i ride normal (not goofy) and push so the board spins clockwise. its like i have the right foot placement, but when i pop after i scoop the board and then it goes right in front of me, do i jump forward too or am i doing this wrong? i put half my back foot off the board, behind the back truck bolts with my toes hanging off. i put my front foot on the truck bolts with my heel hanging off, ollie and push my back foot away from my body. when i try and turn the board around it doesnt work. one foot lands on the board (my front foot) and my other foot lands like 30cm away from my board. the board spins away from me. the board flips upside down or lands in a primo. i either land with my weight over the front side of the board so i fall forward, or the board flips into premo like a kick-flip. the board spins on the side of me and i cant catch it.

~ i.m. madeline gins